

Important Information

NHS West Yorkshire ICB has implemented a minimum waiting time of 2 years for all Autism assessments across all providers, this also includes the right to choose pathway. This restriction is currently 2 years from the date of referral.

Autism / ASD Referral

Autism is a neurodevelopmental condition that affects how a person experiences, understands, and interacts with the world. It's called a spectrum because autism presents differently from one person to another—there is no single "type" of autism.

How to request a Right to Choose referral?

You can contact the practice to request a right to choose (RTC) referral. The GP will provide you with information regarding the referral process and you will be booked an appointment with our Occupational Therapists to discuss the referral pathway.

You will be asked to complete a questionnaire to determine if an assessment is clinically appropriate. Please follow the below link to download and complete the AQ-10 form:

[AQ-10 Adult june 20th 2012.pptx](#)

You will also be asked to choose a provider to be referred to. Please note we cannot process your referral without this information. Please follow the below link and click “*Jump to: Right to Choose Wait Information*” and filter to *Autism Adult* for information on available clinics. Wait times should be available on each provider’s website.

[NHS West Yorkshire ICB ADHD Assessment Information collated by ADHD UK](#)